



**** Ingram ISD does not endorse any specific provider, service, or resource. As always, please preview any resource for appropriateness prior to encouraging your child to utilize.*

| Counselors, Psychologists, Psychiatrists, and other Mental Health | |
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| Brown, April Ph.D., LPC -S, RPT-S, CCPT – S | Counseling Kerrville, Tx 210.361.4258 |
| Garza, Patricia, LPC | Counseling Kerrville, Tx 830.377.3791 English and Español |
| Gillespie, LPC - S | Counseling Kerrville, Tx 830.792.4477 |
| Marrs, Cynthia, LPC | Counseling Kerrville, Tx 830.355.2097 |
| Triola, Carol, LPC – S, LSOTO | Counseling Kerrville, Tx 830.739.0841 |
| Zaizar, Nora, LPC | Counseling Kerrville, Tx 830.370.9581 |
| Mock, Sharon, Ed.D, LPC-S | Counseling Kerrville, Tx 281.682.9548 |
| K-STAR Counseling Agency | Counseling – <i>services are free for adolescents and children</i> Kerrville, Tx 830.896.5404 |
| Psychology and Counseling Services | Counseling and Psychological Evaluations Kerrville, Tx 830.792.4477 |
| New Hope Counseling Services | Counseling Kerrville, Tx 830.257.3009 |
| New Beginnings Youth and Family Services Hipps, Terri, LPC-S | https://www.newbeginningsyfs.com/ Kerrville, Tx 830.460.6022 |

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| Dr. Phillip Balfanz, Psychiatrist, MD | Psychiatry for Children and Teens https://www.sigmamhuc.com/ Boerne, Tx 210.880.3424 |
| Dr. Vanessa Vela, Psychiatrist, MD | Psychiatric Care for Kids and Teens Boerne, Tx 830.254.5217 English and Español |
| Communicare | Psychology, Pediatric and more services Boerne and San Antonio Area https://communicaresa.org/ English and Español 830.816.1717 |
| Hill Country MHDD | Mental and Behavioral Health and more Kerrville, Tx 830.792.3300 www.hillcountry.org |
| Kerr County Mental Health Center | Kerrville, Tx 830.257.6553 https://www.opencounseling.com/united-states/kerrville/counseling-agency/kerr-county-mental-health-center |
| Online Counseling | Online counseling, Texas https://www.texonlinecounseling.com/ |
| Find your own, list of online counselors for Texas | https://www.therapytribe.com/online-therapy/texas-tx/ |
| Any Baby Can | Medical assistance and more Kerr County To see if you qualify for enrollment: Click Here www.anybabycansa.org |

Crisis Hotlines

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| National Suicide Prevention | 1.800.273.(TALK)8255 |
| Crisis Text Line | Text HOME to 741741 www.crisistestline.org |
| Texas Youth and Runaway Hotline | 1.800.989.6884 http://www.dfps.state.tx.us/youth-helpline/ |
| Veterans Crisis Line | 1.800.273.8255 press 1 https://www.veteranscrisisline.net/ |